



2023 MTB XCO Balkan Championships

Câmpulung Muscel (Romania)
September 23rd 2023

TECHNICAL GUIDE

Version August 22nd 2023



1. ORGANIZATION

1.1. ORGANIZATION

MTB Academy - Răzvan Jugănaru 0040 755 122 111 razvan.juganaru@yahoo.com
ROU Cycling Federation - Sprinceană Cătălin catalin.sprinceana@federatiadeciclism.ro

1.2. COMPOSITION OF THE COMMISSAIRES PANEL

President of the Commissaires Panel	TBC
Assistant PCP	TBC
National Commissaire	TBC
National Commissaire	TBC
National Commissaire	TBC

2. GENERAL INFORMATION

2.1. TRAVEL AND ACCOMMODATION

Travel and accommodation expenses to and from Câmpulung Muscel must be covered by the National Federations.

Airports

Nearest airports: Aeroportul Internațional Henri Coandă București (OTP),
Distance airport - venue:
177 km – aprox. 2 hours and 30 minutes.

Aeroportul Internațional Brașov
Ghimbav (GHV),
Distance airport - venue:
88 km – aprox 2 hours.

All participants must hold a valid passport or identity card. Visa obligations must be respected.

2.2. OFFICIAL ADDRESS OF THE COMPETITION VENUE

115100 Câmpulung, Romania
67 Richart Street
GPS: 45.267132, 25.019386

2.3. VENUE LAYOUT – COURSES MAPS

The venue layout and the maps of the courses can be found in the appendices at the end of the technical guide.



2.4. ACCOMODATION

- <http://ciobanasu.ro/>
- <https://popasulciclistului.ro>
- <https://www.facebook.com/lyvinfront/>
- <http://www.pensiunea-valea-ursului.ro/>
- https://www.hotelscombined.com/Hotel/Pensiunea_Brancoveneasca.htm
- http://www.unbaiatsiofata.ro/Site_pensiune/servicii.html
- http://www.muscelul.ro/hotel_muscelul/hotel_muscelul.html
- Casa in A – 6pers – 0745 149 129
- <https://www.olx.ro/oferta/cazare-pensiune-IDceOZB.html>

2.5. MEDICAL – EMERGENCY – LOCAL AUTHORITIES

A team of doctors and paramedics will be present on site throughout the official training sessions and competitions. The medical team will be based on this GPS coordinates:

45.267132, 25.019386.

Also, 2 Mountain Rescue Teams will be present on the courses.

Nearest hospitals

Spitalul Municipal Câmpulung Str.

Dr. Costea, Nr. 8, Câmpulung

Muscel, Jud. Argeş

Distance from the MTB Track: 1,5 km.

Emergency phone numbers: 0040755122111 / 0040746577150

3. REGISTRATION AND TEAM SERVICES

3.1. REGISTRATION

The registration for all participants must be accomplished by accessing the following link: <https://www.ridersclub.ro/en/cycling-race/mtb-academy-cup-xco-2023#entries>

The races are open for participants who have a valid UCI ID from one of the Balkan Cycling Union members:

- ALBANIAN CYCLING FEDERATION
- CYCLING FEDERATION OF BOSNIA AND HERZEGOVINA
- BULGARIAN CYCLING UNION
- CYPRUS CYCLING FEDERATION
- HELLENIC CYCLING FEDERATION
- KOSOVO CYCLING FEDERATION
- CYCLING FEDERATION OF NORTH MACEDONIA
- MOLDAVIAN CYCLING FEDERATION
- MONTENEGRO CYCLING FEDERATION
- ROMANIAN CYCLING FEDERATION
- CYCLING FEDERATION OF SERBIA
- TURKISH CYCLING FEDERATION



3.2. TEAMS PARKING AREA

The Teams Parking area will be organized near the Start Area - GPS Coordinates : 45.267119, 25.020647

4. OFFICIAL MEETINGS

4.1. COMMISSAIRES PANEL MEETING

Date: Friday, 22 September
Time: 19:30 to 20:30
Location: Commissaires meeting room, Start Zone.

4.2. CONFIRMATION / LICENCE CHECK

Date: Friday, 22 September
Time: 17:00 until 19:00

Location: Start Zone – Race Office.

Team managers must confirm all starters, presenting all licenses (with passport for the Juniors and Cadets category).

4.3. TEAM MANAGERS MEETING

Date: Friday, 22 September
Time: 19:30 until 20:30
Location: Start Zone.

5. COMPETITION SCHEDULE

Thursday, September 21st

16:00: Opening of the route for XCE and XCO free practice
19:00: Closing the route for free practice XCE and XCO

Friday, September 22nd

08:00: Opening of the route for free practice XCE and XCO
08:00: Opening of the licenses validation procedure for the XCE races
10:00: Closing of the licenses validation procedure for the XCE races
10:00: Closing the route for XCE and XCO free practice
10:00: XCE Children Technical Meeting
10:15: Start line-up of XCE qualifying competitors (all categories of children)
10:20: Start of the first athlete in XCE Qualifiers (start at 1 min, (all categories of children))
11:20: Start line-up for Semifinals (all categories of children) XCE
11:30: Start in the Semifinals (all categories of children) XCE
12:10: Start line-up for the Small Finals (all categories of children) XCE
12:20: Start in the Semifinals (all categories of children) XCE
12:50: Line up for the Finals (all categories of children) XCE
13:00: Start in Finals (all categories of children) XCE
13:30: Technical meeting for all categories Elite / Junior / Master / Amateur
13:45: Start line-up of XCE qualifiers (all categories)
13:50: Start of the first athlete in XCE Qualifiers (start at 1 min, all categories)
14:50: Start line-up for XCE Semifinals (all categories)
15:00: Start in the Semifinals (all categories) XCE
15:40: Start line-up for XCE Small Finals (all categories)
15:10: Start in the Semifinals (all categories) XCE
15:40: Start line-up for XCE Finals (all categories)



15:50: Start in Finals (all categories) XCE
16:30: XCE Championship Award Ceremony
16.30: XCO free practice trail opening
17.00: Opening of the licenses validation procedure for the XCO races
19:00: Closing of the licenses validation procedure for the XCO races
19.30: XCO free practice trail closing
19.30: Technical brief

Saturday, September 23rd

07.00: XCO free practice opening
08.00: Closing of the XCO free practice route
08.20: Start line-up for participants of children categories D2 (5-6 years) and D1 (7-8 years)
08.30: Start for participants of children categories D2 (5-6 years) and D1 (7-8 years)
08.50: Start line-up for participants of C children's races (9-10 years)
09.00: Start for participants of C children races (9-10 years)
09.30: Start line-up for B children races (11-12 years old)
09.45: Start for B children races (11-12 years)
10.15: Start line-up for participants of children A races (13-14 years)
10.30: Start for participants of children A races (13-14 years)
11.30: Start line-up for the participants of the races Cadets M/F, Amateur M/F, Master 1 M, Master 2 M, Master 3 M, Master F
11.45: Start for participants of the races Cadets M/F, Amateur M/F, Master 1 M, Master 2 M, Master 3 M, Master F
13.30: Start line-up for Elite M/F, U23 M/F and Junior M/F races
13.45: Start for Elite M/F, U23 M/F and Junior M/F races
15.45: Award ceremony (at the start area at 67 Richard Street (45.267276, 25.019981))

6. CATEGORIES

Age categories for which the individual title of the Balkan Champion will be awarded are the following:

- Men Elite
- Women Elite
- Men U23
- Women U23
- Men Juniors
- Women Juniors
- Men Cadets
- Women Cadets

7. RACE PROCEDURES

For all XCO races, the start procedure will be conducted according to the following UCI MTB Regulations:

UCI RULES

4.1.30. In mass start events, riders must be called to the start no earlier than 20 minutes before the scheduled start of the race. This period can be reduced where the number of riders allows.

Five minutes before the call-up an announcement must be made over the public address system to inform riders of the fact, and again three minutes beforehand.

The riders shall line up in the order in which they are to be called to the start line.



The number of riders on each line will be decided by the president of the commissaires' panel and supervised by a commissaire.

The rider himself shall decide which position on the line to take. Once the riders are lined up, warm-up (by rollers, turbo trainer etc.) is excluded inside or outside the start area.

The start will be given by the commissaire using the following the procedure: warnings at 3, 2, 1 minutes and 30 seconds before the start, then a final announcement that the start will be given within the next 15 seconds.

A starting pistol or start lights, if none is available, a whistle will be used to give the start.

4.1.033. The start briefing will be given in at least one of the official languages of the UCI.

8. TECHNICAL ASSISTANCE

The following UCI Regulations will be applicable:

UCI RULES

4.2.44. No rider may turn back on the course to reach a feed/technical assistance zone. Any rider doing so is disqualified. Only within the feed/technical assistance zone itself, a rider may turn back without obstructing other competitors.

4.2.45. Technical assistance during a race is permitted subject to the conditions below.

4.2.46. Authorized technical assistance during a race consists of repairs to or the replacement of any part of the bicycle other than the frame.

Bike changes are not permitted, and the rider must cross the finishing line with the same handlebar number plate that he/she had at the start.

4.2.47. Technical assistance can only be given in the feed/technical assistance zones.

4.2.48. Spare equipment and tools for repairs must be kept in these zones. Repairs and equipment changes can be carried out by the rider himself or with the help of a teammate, team mechanic or neutral technical assistance.

4.2.49. In addition to technical assistance in feed zones, technical assistance is permitted outside these zones only between riders who are members of the same UCI ELITE MTB team, UCI MTB team or of the same national team.

During the European Championships, technical assistance is only authorized between riders of the same national team, racing in the same category.

Riders may carry tools and spare parts provided that these do not involve any danger to the rider himself or the other competitors.

9. ANTIDOPING

The UCI antidoping regulations are entirely applicable to the event. The antidoping tests will take place at the Antidoping Station located in:

MTB Start/ Finish area – in the Antidoping camper.

10. PENALTIES

The UCI penalty scale is the only one applicable.

11. RESPONSABILITIES

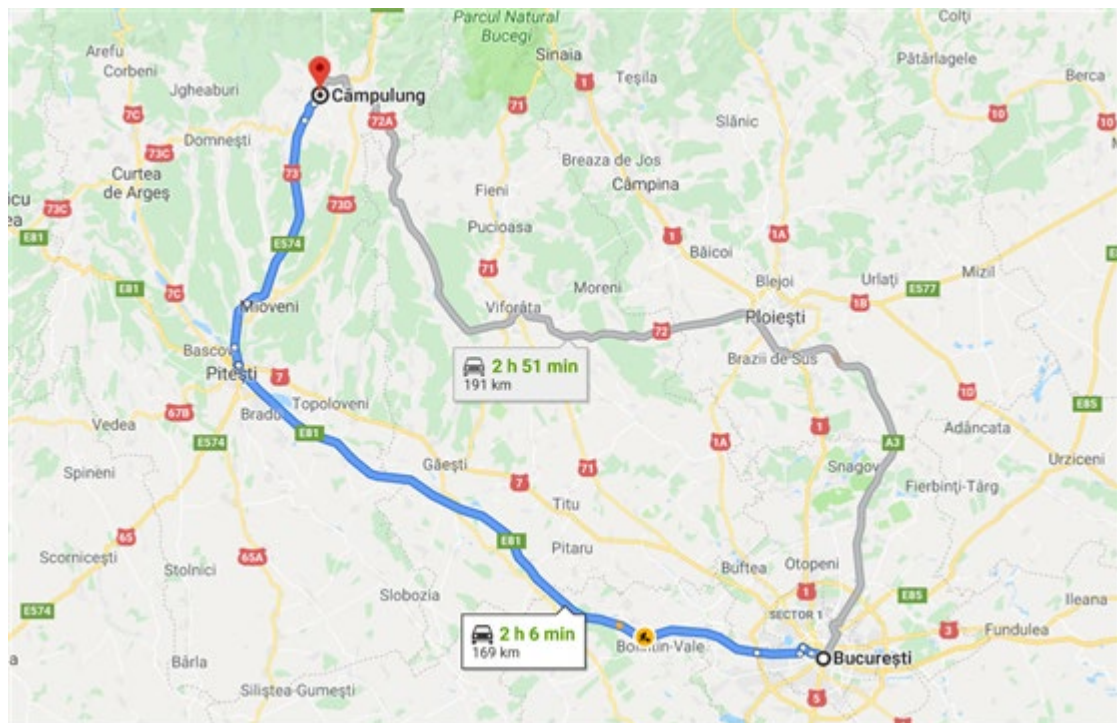
The Organizer and BCU will not, under any circumstances, be liable to any accidents or damage that occurs during training and competitions.

The organizers and BCU decline all responsibilities towards the riders and others in case of an accident.

For all cases not covered by these specific regulations, the UCI rules will apply. Any problems will be solved between the organizers, the Commissaires Panel and BCU officials.

12. APPENDICES

12.1. VENUE LAYOUT



12.2. COURSES MAP



Link to see and download the routes:

https://www.bikemap.net/en/r/5005028/#/z17/45.2696654,25.0179076/google_hybrid

12.3. RACE PRIZES

The prizes will consist of Balkan Champion T-shirts and podium medals.

To participate and benefit from the points and prizes from the UCI race, the athletes must register and pay the participation fee on the official website of the competition: <https://www.ridersclub.ro/en/cycling-race/mtb-academy-cup-xco-2023#entries>